

## CONFIDENTIAL

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We offer a free, confidential support service with access to trained counsellors on an appointment only basis.

To make an appointment, or for more information, please phone:

**01244 317 922**

**Mondays: 6pm – 8pm**

**Wednesdays: 6pm – 8pm**

**Saturdays: 10am – 1pm**

Calls via Typetalk welcomed

If you telephone at any other time please leave a message on our answer-phone and we will get back to you as soon as possible.

## IT IS NOT YOUR FAULT

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Remember, if you have experienced any form of sexual assault or sexual violence at any time in your life, it is not your fault. The fault lies with the person who abused you – the perpetrator.

## WE BELIEVE YOU

## CONTACT CSVSS

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**Telephone us on:**  
**01244 317 922**

**Email us (for enquiries) at:**  
**[chestersvss@yahoo.co.uk](mailto:chestersvss@yahoo.co.uk)**

**Or write to us at:**  
**CSVSS**  
**PO Box 280**  
**Chester**  
**CHI IFB**

**For more information visit:**  
**[www.csvss.org.uk](http://www.csvss.org.uk)**



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CHESTER SEXUAL VIOLENCE  
SUPPORT SERVICE

Registered Charity No:  
**1133564**

## ABOUT CSVSS

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Chester Sexual Violence Support Service (CSVSS), formerly known as Chester Rape Crisis, is a counselling and support service run by women, for all women over the age of 18 who have suffered from any form of rape, sexual abuse or sexual violence at any time in their lives.

CSVSS is a charity affiliated to Rape Crisis (England and Wales) and our service is run by dedicated volunteers.

CSVSS also endeavours to spread awareness and understanding of sexual violence and abuse.



### **We aim to help women through:**

- Our counselling and support services
- Spreading awareness and understanding of sexual violence and abuse
- Seeking to influence attitudes and opinions in relation to sexual violence and abuse
- Supporting the development of the National Rape Crisis Movement

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## WHAT DOES CSVSS DO?

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We offer telephone information and/or face-to-face counselling. We do not tell you how to feel or what to do; we listen and try to help you find your own solutions.

We do not limit women who access our counselling sessions to a maximum number of sessions. Our counsellors will work with you to find the best path of therapy for you.

Our services are confidential. We tell no one about your contact with us unless you ask us to.

Our services are free of charge. Any donations are gratefully accepted, but we do not ask for them.

We also offer information about emergency contraception, sexually transmitted diseases, and legal and court procedures relating to sexual violence. We can also put you in touch with other people who can help you.